



# RESEARCH CENTER FOR INCLUSION (RCI) VIETNAM

## Empower youth with disability by Youth-led Action Research (YAR)

### Background/Purposes

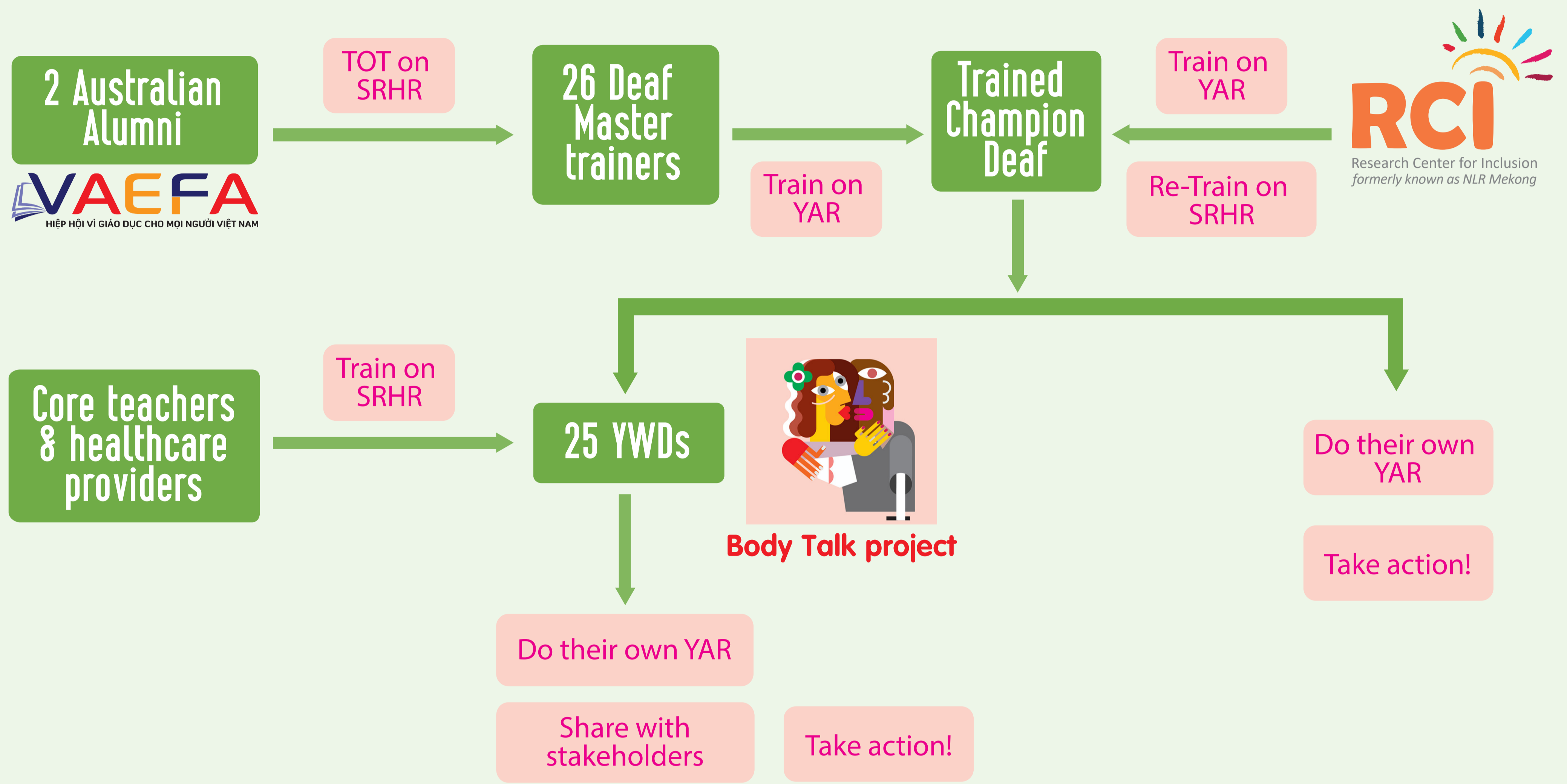
This is an **approaching method** which aims at:

- ★ empowering youths with disabilities (YWD) to take action
- ★ increasing participation of YWD in solving social problems, therefore, promotes inclusion
- ★ building capacity for YWDs

### Methods

- ★ TOT training - coaching - building core deaf trainers
- ★ E.g. Body Talk project - YAR on Sexual and Reproductive Health (SRHR) in Dak Lak

### Process



### Result

Participants in YAR, YWD:

- ★ become more confident, active to express themselves
- ★ do teamwork better and engage more in project activities
- ★ deepen knowledge and master skills
- ★ broaden friend circle



### Recommendation

- ★ **USE** participatory training method to engage participants
- ★ **BUILD CAPACITY & CREATE** opportunities for teachers with disabilities to train students with disabilities
- ★ **REGULARLY COACH & MENTOR** in real contexts and settings
- ★ **ADJUST** method to engage participants with hearing/intellectual disabilities

For more information about  
YAR and our projects,  
visit our website at:

